

Pillar of Compassion

A Warm Welcomes

Rooted in Family Values.

Known for their sunny smiles, sisters Ann Johnsrud and Mary Aschliman work the front lines at Upland Hills Health.

Greeting patients and families with friendly smiles, positive attitude and capable skills.

Such compassion for another is rarely taught. In Ann and Mary's case—it's the values they were raised with.

With 13 brothers and sisters, Ann and Mary were brought up in a bustle of family activity. "We had lots of fun, but there were plenty of chores to do too," commented Ann. "So you just learned to look around you and know what needed to be done next. No one had to tell you what to do...you just did it!"

"Caring about others and caring for patients comes naturally," explains Mary. "When you're part of a big family you learn to watch out for and serve others. That's really what we do here. That's what I love about my work. If I can make one person's day a bit brighter by offering them comfort when they need it most...it makes it all worth while."

Ann and Mary are just two of the many exceptional people at Upland Hills Health. Good people doing a great job for their neighbors and friends.



Ann staffs the Main & ER Admissions. Mary works Admissions for the Specialty Clinic and Therapy Center.



Upland Hills[®]
Health

- Abdominal Surgery
- Allergy
- Audiology
- Birth Unit
- Bone Density Testing
- Cancer Services
- Cardiology
- Cardiac Rehab & Services
- Cardiopulmonary Services
- Childbirth & Sibling Classes,
- CPR & First Aid Classes
- CT Scans
- Dermatology
- Diabetes Education
- Diagnostic Lab
- Discharge Planning
- Drug & Alcohol Screening
- Emergency Services
- Endocrinology
- ENT(Ear Nose & Throat)
- Fluoroscopy
- Gastroenterology
- Gynecological Surgery
- Home Care
- Hospice
- Job Shadow
- Inpatient Care
- Intensive Care Unit
- Lab Services
- MRI
- Mammography
- Neurology
- Nuclear Medicine
- Nursing & Rehab Center
- Nutrition Counseling
- Obstetrics
- Oncology Services
- Ophthalmology Surgery
- Orthopedic Surgery
- Pathology Services
- PET Scan
- Physical Therapy
- Podiatry
- Pulmonary Rehab
- Radiologists Services
- Rehab Services
- Rheumatology
- Sleep Disorders Clinic
- Sports Medicine
- Stress Testing
- Surgical Services
- Ultra Sound
- Urgent Care
- Urology
- Vascular
- X-Rays

Upland Hills[®]
Health

Healthcare excellence in *YOUR* community.

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