

Pillar of Compassion

Walking in the patients' shoes makes empathy real.

Facing health issues can be frightening and frustrating. No one knows that better than Lab Tech Amy Steffes. As a youngster Amy was stricken with a rare and potentially fatal viral syndrome that left her fighting her way back from paralysis. So when it comes to patients—she can relate!

Amy's early patient experiences fueled her desire to participate in the role of caregiver. Starting as an EMT, Amy went on to pursue the education and training to work on Upland Hills Health lab team. There she cares for patients in a variety of situations.

*Amy Steffes
is a
phlebotomist
in the Lab
at Upland
Hills Health.*



"I remember what a difference a caring touch and friendly smile could make in my day as a patient," explains Amy. "When you have health concerns it's so easy to get discouraged. I try to be that friendly face. Someone patients can lean on."

Amy Steffes is just one of the many exceptional people at Upland Hills Health. Delivering healthcare excellence with compassion and caring right here in our community.



Healthcare excellence in YOUR community.



- Abdominal Surgery
- Allergy
- Audiology
- Birthing Unit
- Bone Density Testing
- Cancer Services
- Cardiology
- Cardiac Rehab & Services
- Cardiopulmonary Services
- Childbirth & Sibling Classes,
- CPR & First Aid Classes
- CT Scans
- Dermatology
- Diabetes Education
- Diagnostic Lab
- Discharge Planning
- Drug & Alcohol Screening
- Emergency Services
- Endocrinology
- ENT(Ear Nose & Throat)
- Fluoroscopy
- Gastroenterology
- Gynecological Surgery
- Home Care
- Hospice
- Job Shadow
- Inpatient Care
- Intensive Care Unit
- Lab Services
- MRI
- Mammography
- Neurology
- Nuclear Medicine
- Nursing & Rehab Center
- Nutrition Counseling
- Obstetrics
- Oncology Services
- Ophthalmology Surgery
- Orthopedic Surgery
- Pathology Services
- PET Scan
- Physical Therapy
- Podiatry
- Pulmonary Rehab
- Radiologists Services
- Rehab Services
- Rheumatology
- Sleep Disorders Clinic
- Sports Medicine
- Stress Testing
- Surgical Services
- Ultra Sound
- Urgent Care
- Urology
- Vascular
- X-Rays