

2019 Upland Hills Health Community Run/Walk

Results

Total Participants: 148
Kids Run Participants: 15
5K Run Participants: 44
5K Walk Participants: 68
Pavilion Walk Participants: 10



Kid's Run:

Female Winner: Ava Hying

Male Winner: Ralphie Leonard

5K Run:

Under 9 Years Old Females- 5k Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	32.00	308	Raina Arndt	5K Run	Under 9 Years	Female

10 to 14 Year Old Males- 5k Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	29.05	360	Jentry Olson	5K Run	10 to 14 years	Male
2	29.13	315	Caleb Miller	5K Run	10 to 14 years	Male
3	33.18	314	Matthew miller	5K Run	10 to 14 years	Male

15 to 19 Year Old Males- 5k Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	21.34	361	Zachary mcalister	5K Run	15 to 19 years	Male

25 to 29 Year Old Females- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	31.57	303	Christopher Andersib	5K Run	25 to 29 years	Male

25 to 29 Year Old Females- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	20.01	304	Shelby Seman	5K Run	25 to 29 years	Female
2	22.43	357	Ann Alleman	5K Run	25 to 29 years	Female
3	26.21	395	Amanda Bloedow	5K Run	25 to 29 years	Female
4	26.31	306	Margaret Dolan	5K Run	25 to 29 years	Female
5	27.4	317	Dillon Kieffer	5K Run	25 to 29 years	Female
6	33.31	364	Hillary Pelton	5K Run	25 to 29 years	Female
7	37.21	389	Mary Ward	5K Run	25 to 29 years	Female

30 to 34 Year Old Males- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	25.3	310	Gary Alt	5K Run	30 to 34 years	Male

30 to 34 Year Old Females- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	37.24	392	Emily Miller	5K Run	30 to 34 years	Female

35 to 39 Year Old Males- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	24.09	355	Todd Oellerich	5K Run	35 to 39 years	Male
2	25.17	396	Bryab Huebsch	5K Run	35 to 39 years	Male
3	27.39	358	Dave Nihles	5K Run	35 to 39 years	Male

35 to 39 Year Old Females- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	25.21	362	Sarah miller	5K Run	35 to 39 years	Female
2	28.26	351	Jodi Cecil	5K Run	35 to 39 years	Female
3	29.59	311	Linda Miller	5K Run	35 to 39 years	Female

40 to 44 Year Old Males- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	22.56	394	Aaron Dunn	5K Run	40 to 44 years	Male
2	28.57	316	Neill miller	5K Run	40 to 44 years	Male
3	32.08	307	Brian Arndt	5K Run	40 to 44 years	Male

40 to 44 Year Old Females- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	25.51	309	Rachel Dees	5K Run	40 to 44 years	Female
2	32.2	353	Susan Caya-Slusser	5K Run	40 to 44 years	Female
3	37.2	390	Polly Jones	5K Run	40 to 44 years	Female
4	37.23	391	Grace Stantn	5K Run	40 to 44 years	Female

45 to 49 Year Old Males- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	21.47	393	Tommy Franklin	5K Run	45 to 49 years	Male
2	24.46	305	Mike stevens	5K Run	45 to 49 years	Male

50 to 54 Year Old Males- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	20.02	366	Doug Digman	5K Run	50 to 54 years	Male
2	31.35	387	Lee Esser	5K Run	50 to 54 years	Male

50 to 54 Year Old Females- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	29.04	359	Julie Olson	5K Run	50 to 54 years	Female

55 to 59 Year Old Males- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	31.34	388	Mark Esser	5K Run	55 to 59 years	Male

55 to 59 Year Old Males- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	23.51	352	Jill Lodahl	5K Run	55 to 59 years	Female
2	28.29	350	Donna Seman	5K Run	55 to 59 years	Female
3	35.04	363	Kathy Kvam	5K Run	55 to 59 years	Female
4	49.49	356	Marj Riniker	5K Run	55 to 59 years	Female

60 to 64 Year Old Males- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	33.08	349	Thomas Thorison	5K Run	60 to 64 years	Male

60 to 64 Year Old Females- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	29.24	354	Kathy Thomas	5K Run	60 to 64 years	Female
2	34.19	365	Margaret Vradenberg	5K Run	60 to 64 years	Female
3	34.55	312	Mary Van Bogaert	5K Run	60 to 64 years	Female

65 to 69 Year Old Males- 5K Run

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	36.08	313	Randy Ganyo	5K Run	65 to 69 years	Male

5K Run Overall Results

<u>Place</u>	<u>Time</u>	<u>Bib #</u>	<u>Participant Name</u>	<u>Participant Race</u>	<u>Age Range</u>	<u>Gender</u>
1	20.01	304	Shelby Seman	5K Run	25 to 29 years	Female
2	20.02	366	Doug Digman	5K Run	50 to 54 years	Male
3	21.34	361	Zachary mcalister	5K Run	15 to 19 years	Male
4	21.47	393	Tommy Franklin	5K Run	45 to 49 years	Male
5	22.43	357	Ann Alleman	5K Run	25 to 29 years	Female
6	22.56	394	Aaron Dunn	5K Run	40 to 44 years	Male
7	23.51	352	Jill Lodahl	5K Run	55 to 59 years	Female
8	24.09	355	Todd Oellerich	5K Run	35 to 39 years	Male
9	24.46	305	Mike stevens	5K Run	45 to 49 years	Male
10	25.17	396	Bryab Huebsch	5K Run	35 to 39 years	Male
11	25.21	362	Sarah miller	5K Run	35 to 39 years	Female
12	25.3	310	Gary Alt	5K Run	30 to 34 years	Male
13	25.51	309	Rachel Dees	5K Run	40 to 44 years	Female
14	26.21	395	Amanda Bloedow	5K Run	25 to 29 years	Female
15	26.31	306	Margaret Dolan	5K Run	25 to 29 years	Female
16	27.39	358	Dave Nihles	5K Run	35 to 39 years	Male
17	27.4	317	Dillon Kieffer	5K Run	25 to 29 years	Female
18	28.26	351	Jodi Cecil	5K Run	35 to 39 years	Female
19	28.29	350	Donna Seman	5K Run	55 to 59 years	Female
20	28.57	316	Neill miller	5K Run	40 to 44 years	Male
21	29.04	359	Julie Olson	5K Run	50 to 54 years	Female
22	29.05	360	Jentry Olson	5K Run	10 to 14 years	Male
23	29.13	315	Caleb Miller	5K Run	10 to 14 years	Male
24	29.24	354	Kathy Thomas	5K Run	60 to 64 years	Female
25	29.59	311	Linda Miller	5K Run	35 to 39 years	Female
26	31.34	388	Mark Esser	5K Run	55 to 59 years	Male
27	31.35	387	Lee Esser	5K Run	50 to 54 years	Male
28	31.57	303	Christopher Andersib	5K Run	25 to 29 years	Male
29	32	308	Raina Arndt	5K Run	Under 9 years	Female
30	32.08	307	Brian Arndt	5K Run	40 to 44 years	Male
31	32.2	353	Susan Caya-Slusser	5K Run	40 to 44 years	Female
32	33.08	349	Thomas Thorison	5K Run	60 to 64 years	Male
33	33.18	314	Matthew miller	5K Run	10 to 14 years	Male
34	33.31	364	Hillary Pelton	5K Run	25 to 29 years	Female
35	34.19	365	Margaret Vradenberg	5K Run	60 to 64 years	Female
36	34.55	312	Mary Van Bogaert	5K Run	60 to 64 years	Female
37	35.04	363	Kathy Kvam	5K Run	55 to 59 years	Female
38	36.08	313	Randy Ganyo	5K Run	65 to 69 years	Male
39	37.2	390	Polly Jones	5K Run	40 to 44 years	Female
40	37.21	389	Mary Ward	5K Run	25 to 29 years	Female
41	37.23	391	Grace Stantn	5K Run	40 to 44 years	Female
42	37.24	392	Emily Miller	5K Run	30 to 34 years	Female
43	49.49	356	Marj Riniker	5K Run	55 to 59 years	Female
44	20.01	304	Shelby Seman	5K Run	25 to 29 years	Female