

# Breastfeeding Classes



## Class Dates

All classes are  
6:00-7:30 pm

January 10

February 21

This free class is open to any pregnant woman and her support person, whether this is your first child, or your third.

### Class Topics:

- How breastfeeding works
- Latching on and positioning
- When to feed your baby
- How much is enough?
- Breast care
- Breastfeeding lifestyle

**Upland Hills Health<sup>®</sup>**  
**Birthing Unit**

800 Compassion Way | Dodgeville | [uplandhillshealth.org](http://uplandhillshealth.org)

Please register  
by completing  
and returning  
the form below  
or call

**608-930-7139**



Upland Hills Health  
**BREASTFEEDING CLASS REGISTRATION FORM**

Name: \_\_\_\_\_ Support Person: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone #: Home \_\_\_\_\_ Work \_\_\_\_\_

Due Date: \_\_\_\_\_ Physician: \_\_\_\_\_

Please indicate class  
you wish to attend:

<input type="checkbox"/> January	<input type="checkbox"/> February	<input type="checkbox"/> March	<input type="checkbox"/> April	<input type="checkbox"/> May	<input type="checkbox"/> June
<input type="checkbox"/> July	<input type="checkbox"/> August	<input type="checkbox"/> September	<input type="checkbox"/> October	<input type="checkbox"/> November	<input type="checkbox"/> December

**Please mail this registration form to:**  
Upland Hills Health, ATTN: Birthing Unit, 800 Compassion Way, Dodgeville 53533