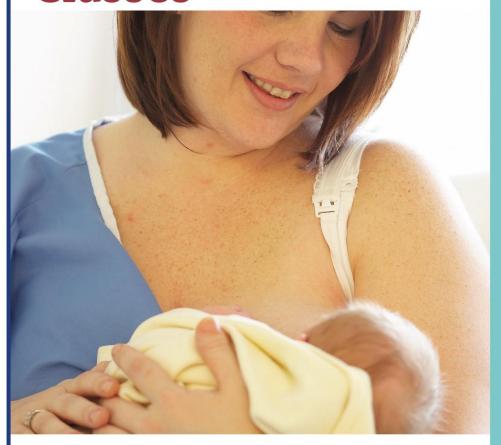
Breastfeeding Classes



This free class is open to any pregnant woman and her support person, whether this is your first child, or your third.

Class Topics:

- · How breastfeeding works
- Latching on and positioning
- When to feed your baby
- · How much is enough?
- Breast care
- Breastfeeding lifestyle



800 Compassion Way | Dodgeville | uplandhillshealth.org

Class Dates

All classes are 6:00-7:30 pm

January 10 February 21

> Please register by completing and returning the form below or call

608-930-7139

Upland Hills Health

BREASTFEEDING CLASS REGISTRATION FORM

Name:				Support Person:			
Address:							
Telephone #: Home				Work			
Due Date: Physician:							
Please indicate class	☐ January	☐ February	☐ March	☐ April	☐ May	☐ June	

Please mail this registration form to:

Upland Hills Health, ATTN: Birthing Unit, 800 Compassion Way, Dodgeville 53533