

Advance Directive

You and your doctor talk about your test results, medications and other important health care matters. If you were unable to talk with your doctor due to a sudden illness or accident, would your doctor know your future health care wishes? Do those closest to you know your wishes? Our Advance Care Planning facilitators can help you start these conversations with your doctor and those close to you.

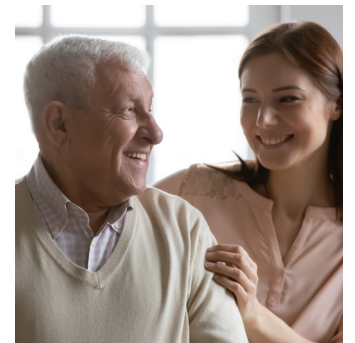
Another important step that we can help you with is completing an advance directive. A power of attorney for health care is an advance directive. It is a legal document where you can name who you want to make health care decisions for you when you're unable to make them yourself. We call this individual a health care agent. You are also able to record your health care wishes in the document. Why is this document important? Wisconsin is not a next-of kin-state, meaning family members are not automatically granted the right to make health care decisions for you. Without this, your family may need to go through the legal/court system for a legal guardian. This can be time consuming and stressful for the family.

Give the gift of making your health care wishes known to those close to you. We can help you create an advance directive that will give you and those who care about you peace of mind.



Let us help you get started by calling **608-930-7200 extension 3350 or 3351** to schedule an appointment (at no cost to you).

The person(s) you are thinking of naming as your health care agent(s) is welcome to join us.



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Upland Hills Health is a (501)(c)(3) non-profit organization serving Iowa County and the surrounding area. To ensure the viability of this essential community service, please consider contributing to Upland Hills Health Foundation, by calling (608) 930-7169. Thank you.