


Upland Hills Health[®]

Hospice

Call us at 608.930.7210



Helping you feel confident
with your decisions...
so you can embrace life
when it matters most.

Call Upland Hills Health Hospice any time, day or night.

During business hours: Monday – Friday, 8 AM – 4:30 PM call: 608-930-7210

Outside of business hours or on holidays and weekends call: 608-930-8000

Ask for the hospice nurse on call.



Comfort. Care. Support.

Perhaps nothing is more challenging than making end-of-life decisions for yourself or for someone you care about. These are deeply personal decisions that require careful thought and guidance. You do not have to approach it alone. We are here to help with dignified, compassionate and highly skilled care for you and education and assistance for your caregivers, family and friends.

The staff at Upland Hills Health Hospice is highly experienced in providing exceptional care to patients of all ages who are diagnosed with advanced illnesses or injuries. We start by listening to and understanding your priorities. From there, we develop a personalized plan that follows your wishes and those of your family members that enable the best possible quality of life.

We understand the special needs that you or your family have during this time. The level of care that is given is determined by the patient, or if they are unable to communicate directly, by the caregiver or family members. We are available 24 hours a day, seven days a week. You are never alone. When you need us, we are there in person or on the phone.

You always remain in control of all decisions. We respect your wishes. We want to help make every moment the best it can be for you.



Michelle Esser, RN
Director
Upland Hills Health
Home Care and Hospice



Jodi McGraw, MD
Medical Director
Upland Hills Health
Home Care and Hospice



About Us

Upland Hills Health Hospice has served southwest Wisconsin since 1974. We are a non-profit hospice that provides high-quality, individualized medical and spiritual care during the last chapter of life to our patients and their families. Every staff member is familiarized with each of our patients, which allows us to provide safe, consistent and personalized care.

We Come to You

Our goal is to support and provide care to patients in the setting of their choice, whether that is in their own home, nursing home or in an assisted living facility. We serve all of Iowa County and portions of Dane, Grant, Lafayette, Richland and Sauk counties

Who Qualifies for Hospice

A person who has an estimated life expectancy of six months or less meets the criteria for hospice. This is determined by both a person's primary care provider and confirmed with a medical record review by the hospital enrollment team.

When to Contact Hospice

Indicators of limited life expectancy vary, but in addition to significant medical events and personal choices to discontinue curative medical care, those with chronic health issues or advanced age may have more subtle signs. Examples include an increasing number of emergency room visits, hospitalizations, unplanned weight loss, the need for increasing amounts of supplemental oxygen, and/or recurring pneumonia or bladder infections.

An Upland Hills Health hospice nurse can do an in-person hospice information visit at no cost, or we can answer your questions over the phone. Please call us at **608-930-7210**. Earlier enrollment in hospice improves end-stage quality of life, increases the control of symptoms and pain, and reduces physical and emotional distress for both the patient and for their loved ones.

How does hospice help

We start by listening. We want to learn what is important to you. As you describe what you or your caregivers are experiencing, we develop a care plan. Our goal is to provide comfort and support to both you and those who care about you.

We provide medications, supplies and medical equipment based on your needs. A nurse will visit regularly and visit more frequently as needed. We also have visiting nurse assistants and social workers to provide additional support and to assist with care. After-hours support with on-call nurses is available 24/7 to answer questions or to make an unscheduled visit to address symptoms or concerns you may be experiencing.

Who Pays for Hospice?

Hospice care is beneficial because it can control symptoms and ease pain, but it has also been shown to significantly reduce end-of-life costs for both patients and insurers. Recognizing the value of hospice, most insurances, whether private, Medicare or Medicaid, have a hospice benefit that requires little to no out-of-pocket costs to enrollees or subscribers.

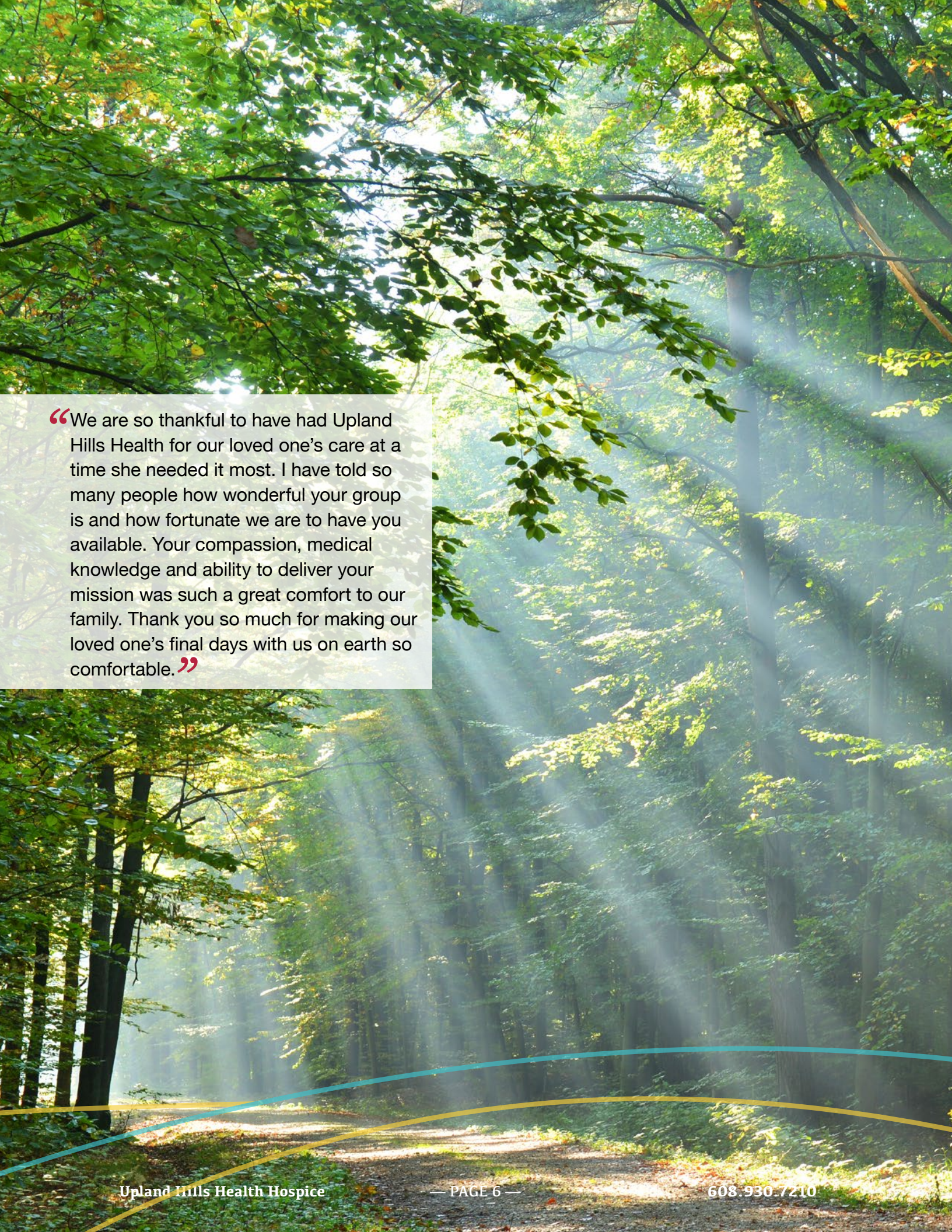
What We Provide

The Upland Hills Health Hospice team is staffed by physicians, social workers, pharmacists, therapists and palliative nurses and nurse assistants certified in hospice care by the Certified Hospice and Palliative Care Nurses and Nursing Assistants Association.

We provide:

- 24-hour registered nurse coverage for assistance 7 days a week.
- Any needed equipment such as a wheelchair, walker, air mattress, electric bed, oxygen or other supplies is made available.
- Necessary and appropriate medications





“We are so thankful to have had Upland Hills Health for our loved one’s care at a time she needed it most. I have told so many people how wonderful your group is and how fortunate we are to have you available. Your compassion, medical knowledge and ability to deliver your mission was such a great comfort to our family. Thank you so much for making our loved one’s final days with us on earth so comfortable.”



Grief Support, Spiritual Care and Bereavement Resources

These services are provided by our team of social workers or we can contact your Priest, Pastor or Clergy. If you are not affiliated with a specific church or denomination, we will work with you to find an option that is acceptable to you.

We are grateful for the opportunity to
assist and serve our community.

We are your neighbors. We care.

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