

# Directory of Health Care Services



Trusted Care.  
Timeless Compassion.

**Upland Hills**<sup>®</sup>  
Health

## OUR MISSION

We are a community-minded healthcare system providing innovative, individualized and compassionate care for every stage of life.

## OUR VISION

To exemplify the highest standard of community healthcare and inspire patients to take an active role in their health through wellness-oriented care.

## OUR VALUES

- Sensible** Approach decisions in a practical way, guided by common sense.
- Holistic** Focus on the patient as a whole person and not a set of symptoms.
- Affordable** Bring care to all who need it.
- Respectful** Treat all as we want to be treated.
- Inspirational** Be the standard of community health and wellness.
- Nurturing** Provide medical care with support and encouragement.
- Genuine** Show honest concern for those we serve and passion for what we do.

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**Statement of Nondiscrimination** Upland Hills Health complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-804-4271 (TTY: 1-608-930-0008).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-844-804-4266 (TTY: 1-608-930-0008).

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## EMERGENCY AND URGENT CARE

- Emergency Hours: 24 hours a day, seven days a week.
- Staffed by board-certified emergency physicians and advanced practice providers from Madison Emergency Physicians.
- Door-to-doctor average wait time is less than 10 minutes.
- Just seconds off of Hwy 151, Exit 44.
- Urgent Care:  
Weeknights from 5 PM to 10 PM  
Weekends from 9 AM to 10 PM  
Open on Holidays



## **INTENSIVE CARE/ MEDICAL SURGICAL UNIT**

- Every patient, every time. It is our goal to provide the comfort, privacy and outstanding care need to bring you back to good health.
- Intensive Care Unit and Post-Anesthesia Care Unit
- Management of cardiac and pulmonary diseases, diabetes and short-term, chronic and complex conditions.



**608.930.7139**

## **BIRTH CENTER**

- Exceptional personal care is our standard to mothers and their families in our new spacious, private and comfortable birthing suites.
- Upland Hills Health delivers nearly 250 babies a year.
- Physicians, obstetricians and nursing staff are highly specialized and experienced. The surgical staff is prepared for more complex C-section deliveries, as needed.
- Education is offered to guide new mothers and their families through labor, delivery, recovery, postpartum and nursery care.



**608.930.7200, ext. 3300**

## **SWING BED REHABILITATION**

- Swing bed care is a comprehensive skilled nursing care and rehabilitation program located in the hospital for patients following an illness or surgery.
- Physicians direct patient care and work closely with our team of nurses, case managers, therapists, social workers, dietitians and therapists to ensure patients in our transitional care unit receive the care they need to safely return home. Our goal is for our patients in a swing bed to gain the physical ability needed to function well independently.
- The swing bed program allows patients to stay close to home near family and friends.



**608.930.7194**

## IMAGING

From CT scans for broken bones to mammograms and MRIs, our diagnostic Imaging Department has the best equipment and staff to provide you with a timely and accurate diagnosis.

- True Digital and 3D Mammography detects 41% more invasive breast cancers and reduces false positives by up to 40%.
- Stereotactic breast biopsy improves the quality, accuracy and ease of breast biopsies. By offering this service, women no longer have to travel to receive this method of breast biopsy, which is considered the most accurate technology available for breast disease diagnosis.



**608.930.7194**

## IMAGING

- State-of-the-art, in-house, Magnetic Resonance Imaging (MRI) is designed to help maximize patient comfort with wider patient space, a table surface with cushions that alleviate pressure points and uncompromised imaging capability.
- Computed Tomography (CT scan) provides images at decreased radiation without compromising image quality. Technicians customize the radiation dose based on the patient's body size and the area being imaged. Limiting dose is especially important when imaging pediatric patients.
- Revolutionized fluoroscopy creates real-time, moving images of inside the body.
- Sonographers use ultrasound to create real-time pictures of internal organs or other soft tissues. Although most people associate ultrasound with pregnancy, health care providers may order an ultrasound for many different situations.



**608.930.7194**

## **LABORATORY SERVICES**

Upland Hills Health laboratory is a full-service, comprehensive and clinical laboratory. It is staffed by board-certified laboratory professionals and offers services in the following areas:

- Microbiology
- Chemistry
- Hematology
- Immunology
- Transfusion Medicine
- Frozen Pathology Section Consultation
- Industrial testing for local employers

Associated Pathologists in Madison supports Upland Hills Health with independent diagnostic services to provide essential insights to our providers.

Physician orders are required for patient testing.

**HEALTH CARE CENTERS**



**608.930.7147** Dodgeville

**608.987.2574** Mineral Point

## **THERAPY & WELLNESS CENTERS**

**A great resource for improving your overall health and well-being.**

- Acupuncture
- Aquatic Therapy  
(Mineral Point Therapy Center)
- Fitness Center, Classes and Personal Training –  
Memberships available to the public.
- Massage Therapy
- Occupational Therapy
- Orthopedics and Sports Medicine
- Physical Therapy
- Speech Therapy
- Three locations: Dodgeville, Mineral Point,  
Mount Horeb



**608.930.7194**

## **HEART, LUNG & SLEEP CENTER**

The Heart, Lung and Sleep Center focuses on rehabilitation and therapy. The Center offers:

- Cardiac and pulmonary rehabilitation and testing along with health maintenance programs
- Sleep specialists who can identify sleep disorders and offer possible treatment plans
- Registered nurses, exercise physiologists, respiratory therapists and nutritionists to help patients recover functionally and emotionally after a cardiac event
- Fit to Fight – our cancer empowerment program
- EECF Therapy, a simple non-invasive solution to the complex problem of angina



**608.930.7600**

## **NURSING & REHABILITATION CENTER**

### **Long-term Residential Services**

- Our award-winning facility is designed with four residential “households” that feel like small neighborhoods within a community.
- Secure and relaxing atmosphere.
- Many performances and activities take place on a regular basis.
- Stunning foyer creates a warm and friendly environment for those needing both short- and long-term care.
- Each household has its own living room, dining area, small private den, parlor and porch.
- Beautifully landscaped courtyard.



## NURSING & REHABILITATION CENTER

### **Short-term Residential Rehabilitation Services**

- A welcoming place to rebuild strength after illness or surgery, to help you manage tasks at home.
- Residents set their own schedule. Nursing staff will arrange physical therapy appointments, bathing and meals at the patient's request.
- A team of nurses and therapists work with you to help you build the strength and skill needed to return home.
- Hospital services are located in the same building.



**800.881.5101 | 608.319.0373**

## **FRESENIUS KIDNEY CARE DODGEVILLE**

- A Dialysis Center is available on the Upland Hills Health Dodgeville Campus.
- For hours of operation call or visit:  
[FreseniusKidneyCare.com](https://www.freseniuskidneycare.com)

**CLINICS**



**608.935.7115**

## **UHH SPECIALTY CLINICS**

Our patient experience and quality scores rival larger hospitals. We consistently rank above state and national averages.

See: [www.medicare.gov/hospitalcompare](http://www.medicare.gov/hospitalcompare)

### **Endocrinology**

- Appointments available in-person or via telemedicine.
- Diabetes
- Thyroid disease or disorder
- Osteoporosis, and more

### **General Surgery**

- General surgery procedures such as appendectomy, colonoscopy, hernia repair, etc.
- Wound Care

### **OB/GYN and Women's Health**

- Puberty and Adolescence
- Breast Health
- Fertility and Pregnancy
- Health Maintenance and Menopause



**608.935.7115**

## **UHH SPECIALTY CLINICS**

### **Orthopedics: Bone & Joint Health**

- Knee and hip replacement
- Shoulder and knee arthroscopy and repair
- Sports medicine
- Carpal tunnel release, and more

### **Pain Management**

- Epidural Steroid Injection
- Radiofrequency Ablation
- Ioversol

### **Podiatry: Foot and Ankle**

- Foot pain
- Sprains and Fractures
- Sports Injuries
- Wound Care, and more
- Foot and ankle surgery
- Bunions and hammertoes

### **Allergy and Ear, Nose Throat**

- Allergy testing, diagnosis and treatment
- Hearing issues, adenoids, tonsils, ear tubes
- Sinuses, difficulty swallowing



**608.930.7115**

## **OVER 60 TYPES OF SURGERY**

**Ask Your Doctor if your surgery can be done in Dodgeville:**

- Ear Nose & Throat Surgery
- Eye Surgery
- Breast Surgery
- Gynecological Surgery
- Orthopedic Surgery
- Pain Management Procedures
- Podiatry: Ankle & Foot Surgery
- Urological Surgery
- Colonoscopy
- General Surgery (appendectomy, bowel, gall bladder, etc.)
- Varicose vein treatment

For a complete list of surgeries and procedures, visit [uplandhillshealth.org/services/surgery](http://uplandhillshealth.org/services/surgery)



## FAMILY PRACTICE CLINICS

### **Dodgeville Medical Center of Upland Hills Health**

1204 Joseph Street, Dodgeville, WI 53533

**608.935.2308**

Dr. Sarah Fox, Family Medicine

Dr. Gary Grunow, Family Medicine

Dr. Rachel Hartline, Family Medicine with Obstetrics

Dr. Courtney Reynolds, Family Medicine

Dr. Sarah Schaaf, Family Medicine

Shelby Seman, APNP

Chelsey Wallace Bawden, APNP

### **Mineral Point Medical Center of Upland Hills Health**

1050 Branger Drive, Mineral Point, WI 53565

**608.987.2346**

Dr. Sarah Fox, Family Medicine

Dr. Joshua Hess, Family Medicine

Dr. Sarah Schaaf, Family Medicine

Dr. Stefanie Sippl, Family Medicine

Melissa Delaney, PA-C

Chelsey Wallace Bawden, APNP



## FAMILY PRACTICE CLINICS

### **Upland Hills Health Barneveld Clinic**

103 Quail Ridge Drive, Barneveld, WI 53507

**608.924.1088**

#### **Providers:**

Dr. Nicole Altman-Meyers, Family Medicine

Dr. Jodi McGraw, Family Medicine

Katie Clerkin, APNP

Megan Keesey, APNP

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### **Upland Hills Health Highland Clinic**

723 N. Main Street, Highland, WI 53543

**608.929.4518**

#### **Providers:**

Dr. Rachel Hartline

Megan Keesey, APNP

Misty Nemitz, APNP

Stephanie Wanek, APNP

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### **Upland Hills Health Montfort Clinic**

202 W. U.S. Highway 18, Montfort, WI 53569

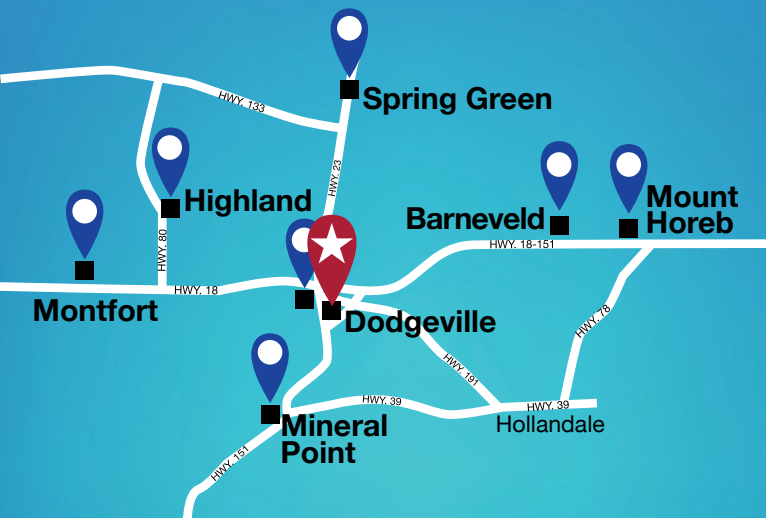
**608.943.6308**

#### **Providers:**

Dr. Rachel Hartline

Misty Nemitz, APNP

Stephanie Wanek, APNP



## SEVEN CONVENIENT LOCATIONS

### **Upland Hills Health Mount Horeb Clinic**

1809 Springdale Street, Suite 1  
Mount Horeb, WI 53572 | **608.437.8033**

#### **Providers:**

Dr. Nicole Altman-Meyers, Family Medicine  
Dr. Joseph Berg, Family Medicine  
Katie Clerkin, APNP  
Dr. Jenifer Dankyi, OB/GYN  
Dr. Jodi McGraw, Family Medicine

### **Upland Hills Health Spring Green Clinic**

156 W. Jefferson St., Spring Green, WI 53588  
**608.588.2600**

#### **Providers:**

Dr. Courtney Reynolds, Family Medicine  
Rosie Morrey, APNP

### **Additional Family Medicine Clinics in Our Area:**

Physicians at the following family practice clinics may refer patients to the healthcare services outlined in this brochure. For a list of providers visit [uplandhillshealth.org](http://uplandhillshealth.org).

### **SSM Health-Dean Medical Group**

- Dodgeville **608.935.3301**
- Mineral Point **608.987.2391**

## SPECIALTY CLINICS

### VISITING SPECIALISTS

- Allergy **608.935.7115**
- Audiology **608.930.7194**  
*Rural Wisconsin Health Cooperative*
- Ear, Nose & Throat **608.935.7115**
- Podiatry **608.930.7194**

### SSM HEALTH-DEAN MULTI SPECIALTY CLINIC

833 S. Iowa Street, Dodgeville, WI 53533

**608.937.7000**

- Allergy & Immunology
- Cardiology
- Dermatology
- ENT (Ear Nose & Throat)
- Neurology
- Oncology
- Podiatry
- Pulmonary Medicine
- Rheumatology
- Sleep Disorders
- Urology

*For a complete listing visit [UplandHillsHealth.org](http://UplandHillsHealth.org)*

## **ADDITIONAL SERVICES**



**608.930.7210**

## **HOME CARE**

**Home is where you want to be.  
Confident is how you want to feel.**

- Supported by health experts at Upland Hills Health Center and Hospital.
- Complete range of home health services including: skilled nursing care, physical therapy, occupational therapy, speech therapy, medical social services, home health aides, infusion therapy, diabetes treatment, catheterization, ostomy care, lab testing, wound care.
- Quality in-home health care.
- A registered nurse is on call 24-hours a day, 7 days a week.



**608.930.7210**

## **HOSPICE**

### **Comfort, care and support for you and those you love.**

- Our hospice team includes: physicians, advanced practice nurse practitioners, nurses, social workers, support and bereavement counselors, therapists, spiritual support, home health aides and volunteers.
- Hospice care is available to terminally ill people who no longer seek curative treatment and whose life expectancy is measured in months rather than years.
- A registered nurse is on call 24-hours a day, 7 days a week.

**Helping you feel confident with your decisions...so you can embrace life when it matters most.**



**608.930.7194**

## **NUTRITION COUNSELING AND DIABETES MANAGEMENT**

Our team of Registered Dietitian Nutritionists provide nutrition education to patients at Upland Hills Health and nutrition counseling for conditions such as heart healthy eating, weight management, Celiac disease, diabetes, etc.

When you need food and nutrition information based on fact or need to know how a healthy diet improves health and fights disease – rely on qualified professionals in the field. Our Registered dietitians draw on their experience to develop a personalized nutrition plan for individuals of all ages. They will put you on the path to a healthy weight and reduce your risk of chronic disease.



**608.348.6250**

## **UPLAND HILLS HOMETOWN MEDICAL EQUIPMENT**

490 E. Business Hwy. 151, Platteville, WI 53818

Dedicated to making daily living easier for those with health challenges. The easy-to-access showroom displays the latest in daily living accessories and home medical equipment. Plus it's supported by a team of knowledgeable therapists and staff who can help meet your needs.

- Respiratory Services:  
Oxygen, CPAP/BIPAP,  
nebulizers, Bili Lights
- Walkers, wheelchairs
- Electric scooters
- Canes
- Sports medicine braces and supports,  
shower chairs and rails, and more.



**608.935.0211**

## **CRESTRIDGE SENIOR LIVING**

219 Grace St., Dodgeville, WI 53533

CrestRidge Senior Living includes assisted living and memory care services. It is the culmination of a vision between local hospital Uplands Hills Health and ElderSpan Management to provide exceptional care and living options to seniors and their families in the charming community of Dodgeville.

This continuum of care campus is designed to keep seniors as independent, active and connected to friends and the local community as possible.



**28 • 608.930.8000**



# Upland Hills<sup>®</sup> Health

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(Enter from Brookwood Street)

Mount Horeb, WI 53572 • **608.437.8033**

## **Upland Hills Health Spring Green Clinic**

156 W. Jefferson St., Spring Green, WI 53588 • **608.588.2600**

## **Upland Hills Health Hospital Campus**

800 Compassion Way, Dodgeville WI, 53533

**608.930.8000** • [www.uplandhillshealth.org](http://www.uplandhillshealth.org)

**Most insurance plans accepted.**

